



Photos by Jonah Kessel

ABOVE: Abenaki storyteller Willow Greene entertains a crowd of children and parents at the Learning for Life Festival at the Barre Public Library on Saturday, Nov. 5.

RIGHT: Jeanne Brink of Barre helps a young boy participate in a traditional Abenaki children's dance while Margaret Higgins of Shelburne sings and keeps the beat.



Abenakis take next step for federal recognition

Vermont American Indian band hopes to preserve heritage

By Mary Lake
Cultures Editor

Members of the St. Francis/Sokoki band of the Abenaki Nation of Vermont found out Thursday, Nov. 10, that their petition to gain federal recognition did not meet four of the seven criteria.

Because the band was unable to prove Abenaki people resided in the Swanton area between 1900 and 1975 as a continuous, self-governed population, the Bureau of Indian Affairs proposed to deny the Abenaki federal recognition. The BIA gave the band 180 days to submit any further information.

Aside from acknowledging Abenaki heritage at the federal level, recognition would allow the St. Francis/Sokoki band development opportunities to become self-sufficient and live as their people did in the past.

Although some might interpret their recognition as an opportunity for the Abenaki to operate a casino or tie up the courts with thousands of land claims, it is not on their agenda. The St. Francis/Sokoki band plans to request money from the state to carry out the needed research to resubmit their petition to the BIA.

At a news conference in Swanton on Monday, Nov. 14, Chief of the Abenaki band April Merrill said it is only fair that the government give money for this research considering the support it gave BIA during its research of the Abenaki.

Johnson State College professor and Vermont Abenaki Fred Wiseman said the letter from the BIA was not a rejection notice, but rather a letter

informing the group of the problems it has with their request for recognition.

"You have to understand that today the Abenaki Nation in Vermont is not a unified group," Wiseman said.

Abenaki people are split into several factions with differing opinions about state and federal recognition. Wiseman said that although some see recognition as a necessity for claiming their identity, others don't want it if it applies only to certain Abenaki groups in the state.

"There are others that honestly believe Abenakis should live like they always have, under the radar screen," Wiseman said. "My view is that state recognition will help Abenaki students to get scholarships."

Abenaki basket maker and teacher Jeanne Brink said the separation of the Abenaki Nation prevents productivity. Brink said she stays out of politics in hope that she will be better able to preserve culture.

"If you don't maintain culture, you're not going to have any sort of recognition," Brink said. "And you need to have it visible."

Brink said Abenaki culture is more visible now than when she was growing up.

"When my grandmother's brother died, the article in the paper read 'Last Indian in Vermont perishes in fire,'" Brink said with a laugh.

Recent accomplishments show Vermonters are more aware of Abenaki culture, Brink said, noting the Vermont Senate vote in May to review the band's request for state recognition.

See ABENAKI, Page 2

WWPV organizes benefit concert

By Alyson Szymaszek
Staff Writer

On Dec. 3, six bands will perform at Eddie's Place for a benefit concert. St. Michael's student radio station, WWPV "The Mike," is sponsoring the event.

The concert will raise money for the United College Club, a local non-profit organization that bridges the gap between colleges in the Burlington area. The club strives to provide opportunities for students in the area through internships. It also sponsors monthly events such as this concert.

"We have selected a good mix of groups," WWPV's webmaster Jeff Baker said. "There's something for everyone. We support local music across the board, not just one genre."

One band slated to perform is Japhy Ryder, a jam band with an instrumental jazzy sound. Japhy Ryder is comprised of three St. Michael's alumni and a current senior. Jodi Explodi, of Maine, is connected to St. Michael's through a friend, senior Mike Mosey, the station's production manager. The guitar strumming and percussion of Lucy Vincent was suggested by the United College Club.

The group Fallback has an emotional rock sound and features alumnus Matt O'Neil. O'Neil describes the sound as "power pop punky."

Carlson, which includes sophomore Kevin Anglin, will also play at the event. The United College Club suggested The Year's Best, a group known for strong vocals and acoustics.

The station chose bands that were accessible, as well as groups that brought a garnered interest on campus, station manager Kurt Palermo said. There is a strong mix and variety of performers, Palermo said.

The bands are not being paid, according to Palermo. However, Jodi Explodi will receive compensation for gas and expenses due to the distance they are traveling for the show.

Benefit concert

► **Who:** Japhy Ryder, Jodi Explodi, The Year's Best, Fallback, Carlson, Lucy Vincent

► **When:** Dec. 3

► **Time:** Doors open at 6:45 p.m. Show starts at 7

► **Where:** Eddie's Place

► **Cost:** Free, donations benefit United College Club

Several local companies are making donations. Purple Knights Pizza agreed to donate pizzas to concert-goers. The Beverage Warehouse will be donating non-alcoholic drinks. The United College Club, Gravis, Burton, Smuggler's Notch, 99.9 "The Buzz," and 106.7 WIZN are also sponsoring the event.

Raffles will take place to raise money for the United College Club. Smuggler's Notch will give away lift tickets and lesson vouchers, Baker said.

Eddie's Place was the best option for representatives of WWPV.

"It seemed like a good venue," Palermo said. "It's easy to plan an event there and it is convenient for students."

The December event will be the first show of this nature in the new student lounge, said Jennie Cernosia, director of student activities.

"Now that it's up and running, students have been taking advantage of it," Cernosia said. "There have been events scheduled every week since its opening."

Annually, the station tries to organize a fall and spring benefit concert.

"Last year we used the Green Mountain Room," Baker said. "We had a turnout of 125 people. But since it's a huge space it looked like no one was there."

Matt O'Neil is looking forward to performing at the show.

"We're still an up and coming band so every show just keeps getting bigger and bigger," O'Neil said. "It's always great to go back to the home turf to play."

FEATURES

Special section explores the culture of body art and tattoos on campus.

Page 6



SPORTS

Women's ice hockey improves to 3-1 as the team wins back-to-back games.

Page 16



INDEX

NEWS	1
OPINION	4
FEATURES	6
ARTS & ENTERTAINMENT	9
COLUMNS & CALENDAR	10
OUTDOORS	12
SPORTS	16

NEWS

SECURITY LOG

Excerpts from the Nov. 4 - Nov. 10, 2005, security reports, courtesy of St. Michael's College Office of Safety and Security

Friday, November 4

12:23 a.m. Fight at Townhouse 100s
12:43 a.m. 911 hangup at Canterbury Hall
12:53 a.m. Vandalism at Townhouse 300s
1:04 a.m. Noise complaint at Townhouse 300s
3:45 p.m. Fire alarm at the library
4:38 p.m. Lockout at Canterbury Hall
11:00 p.m. Alcohol violation at Ryan Hall

Saturday, November 5

12:00 a.m. 911 hangup at Townhouse 400s
4:30 a.m. 911 hangup at Ryan Hall
9:41 a.m. 911 hangup at the chapel
10:53 a.m. Lockout at Lyons Hall
1:11 p.m. Safety incident at Alumni Hall
4:20 p.m. Lockout at Joyce Hall
4:24 p.m. Lockout at Canterbury Hall
6:04 p.m. Lockout at Founders Hall
8:53 p.m. 911 hangup at Pontigny Hall

Sunday, November 6

12:02 a.m. Alcohol violation at Alumni Hall
12:13 a.m. Alcohol violation at Canterbury Hall
12:23 a.m. Medical assist at Ryan Hall
2:05 a.m. Mischief at Townhouse 300s
2:36 a.m. Vandalism at Townhouse 300s
2:45 a.m. Vandalism at McCarthy Arts Center
3:20 a.m. Trespassing at Alumni Hall
3:31 a.m. Mischief at Townhouse 300s
4:13 a.m. Alcohol violation at Ryan Hall

Monday, November 7

12:56 a.m. Odor violation at Joyce Hall
3:01 p.m. Motor vehicle accident at Founders Hall
4:51 p.m. Alarm at Founders Hall
6:53 p.m. Complaint at the President's house
7:21 p.m. Odor violation at Ryan Hall
7:27 p.m. Alarm at Canterbury Hall
11:54 p.m. Alarm at Hamel Hall

Tuesday, November 8

7:47 a.m. Fire Alarm at Hamel Hall
8:03 a.m. Larceny/Theft at Purtill Hall
7:24 p.m. Alarm at Pontigny Hall
9:41 p.m. Complaint at Founders Hall
9:53 p.m. Trespassing at Alumni Hall

Wednesday, November 9

12:02 a.m. Suspicious person at Alumni Hall
4:37 p.m. Complaint at Cheray Hall
10:56 p.m. Theft at Joyce Hall
6:26 p.m. Lockout at Townhouse 400s

Thursday, November 10

12:09 a.m. Noise complaint at Joyce Hall
12:48 a.m. Odor violation at Ryan Hall
11:35 a.m. Suspicious person at Nicolle Hall
9:25 p.m. Medical assist at Lyons Hall

ABENAKI: Federal recognition sought

Continued from Page 1

"That's not something you'd see in the '60s and '70s," Brink said.

Without federal recognition, state recognition alone could help preserve Abenaki culture by allowing traditional artists to use their American Indian name to sell their work, Wiseman said.

In 1990, the Indian Arts and Crafts Act made misrepresentation of American Indian groups a crime. Under the law, a product can be advertised as Indian or made by an American Indian tribe or band only if the group is recognized federally or by a state. Without such recognition, artists risk receiving a \$250,000 fine or a five-year jail sentence.

The law discourages art-

ists from selling their goods and sharing Abenaki culture, Wiseman said.

"Without recognition, American Indians cannot self-identify," Wiseman said.

The federal government has recognized 561 tribes in the United States. With proper research and support, the Abenaki may be another.

"There's the opinion that we don't need the federal or state government to tell us who we are," Brink said.

Devoted to teaching Abenaki traditions, Brink acknowledged that if anything, recognition will help enable Abenaki people to share their culture with other Vermonters.

House debates bill to cut student funding

By Ricky Quinones
University of Wisconsin

The U.S. House of Representatives pushed back a vote on a bill on Nov. 10 that includes cuts to financial aid for college students over the next five years. If passed, the measure would cut approximately \$50 billion from the federal budget, including \$14.5 billion in student financial aid cuts.

Proponents of the bill say it would ease the federal budget deficit as Congress prepares for a new round of tax cuts. The House plan decreases spending on public programs by \$54 billion while setting the stage for about \$70 billion worth of tax breaks.

The cuts in financial aid to college students will mostly affect federal student loan programs. According to the Wisconsin Public Interest Research Group, the typical student bor-

rower with \$17,500 in debt will have to pay an additional \$5,800 if the new cuts are put in place.

The vote was delayed as House Republican leaders tried to garner more votes from wavering GOP members. Democrats have united against them, calling the cuts unfair to students.

U.S. Rep. Tammy Baldwin, D-Madison, opposes the cuts. "These cuts are just one more example of this administration and Congress seeking to enrich the few at the expense of the many," Baldwin said.

Republicans support the bill due to the reduction in spending.

"We're talking about reducing the rate of spending by \$53.9 billion," said Rep. Paul Ryan, R-Janesville. "They (Democrats) want to raise taxes rather than control spending. I want to control spending."

— U-Wire

Students register for spring semester classes

By Laura Tuveson
Staff Writer

Registration for the 2006 spring semester began on Nov. 7 and will continue through Dec. 9. The registration period is 7 a.m. to 5 p.m. online through Knightvision.

Although some students complain of the registration process, it wasn't long ago the process was done manually.

St. Michael's computerized registration in April of 2002 for the fall semester in 2003, according to Katherine Orthman, Registrar's Office coordinator.

Before that, the Registrar's Office dealt with the process manually. The students themselves had no control over their schedule and dealt with the decisions the Registrar's Office made.

Students were required to meet with their advisor just as they do now, but also had to prepare a list of the classes they wanted. The adviser then submitted the list to the registrar.

The Registrar's Office then went through a three step process beginning with the seniors in which they assigned the students to courses of their major, minor and liberal studies requirements.

Knightvision was created to nullify the labor hours put into the manual process. The technology also made it possible for students to have more control in class choice and scheduling.

However, technological trouble created problems in the first computerized registration. Each class had a designated day to register, so over 400 students were logging on and trying to get into classes with only 30 openings.

"Registration was terrible," junior Kelly Alper said of the first few semesters using Knightvision. "We would all have our doors open (on the floor) and you would see girls

"Registration was terrible..."

We would all have our doors open (on the floor) and you would see girls crying because of it."

Kelly Alper,
junior

crying because of it."

Students may remember the infamous "broken pipe" message that happened when the system was overloaded. To fix this, the registrar's office split each class into two groups and designated two separate days for registration and added an additional day free for anyone in that class to register.

"The new system helped tremendously," Orthman said. "There were no broken pipe messages anymore."

The Registrar's Office has distributed a step-by-step process of how to use Knightvision to students.

In addition, the Registrar's Office has created restrictions to make sure courses remain available for all students, including releasing a certain number of seats in a course to each class on both days of registration. The computerized system has also reduced the need for manually dropping and adding classes.

Despite the progress, some students feel registration is difficult and getting a class you want is often impossible.

Sophomore Alex Smith said, "It's too much of a hassle to wake up at 7 a.m. and compete with others to get into a class of 25 people."

Others have seen the process develop into a much better system. "It is so much better now than before," Alper said.

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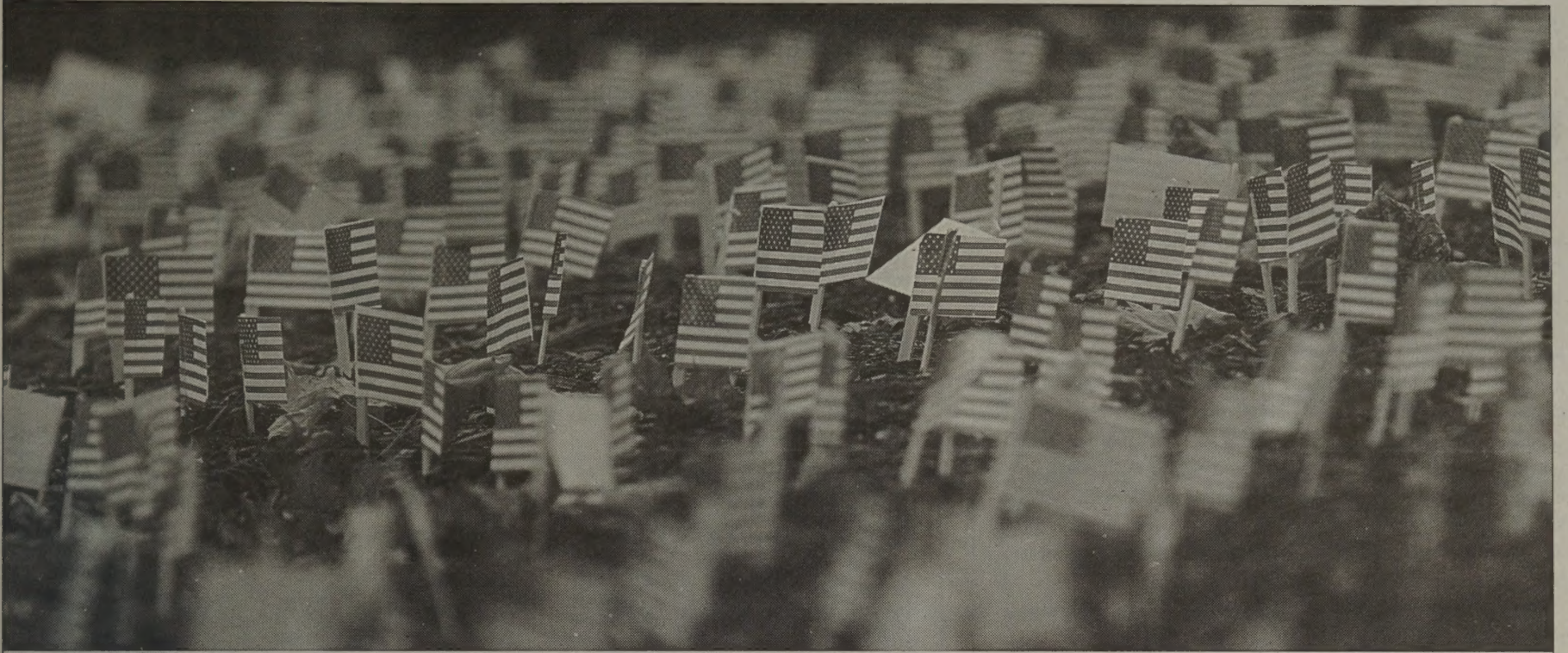
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NEWS



St. Michael's honors fallen U.S. soldiers

Students remember more than 2,000 dead on Veterans Day

Photo by Jonah Kessel

Tiny flags are posted in empty flower beds in front of the Chapel of St. Michael the Archangel on Veterans Day. They represent America's soldiers past and present.



Photo by Emily Heffernan

Sophomore Colleen Macomber and first-year Jessica Maurice read out the names of killed American soldiers in Alliot Hall.



Photo by Jonah Kessel

Army figurines decorate Alliot Hall on Veterans Day.



Sophomores Rita Snow (from left), Anna Lisa Anderson and Maddie Grandgeorge pass out ID cards of killed American soldiers. America has lost more than 2,000 soldiers in the Iraq war. Students, faculty and staff were seen all over campus wearing ID cards.

Photo by Jonah Kessel

OPINION

Editorial

Over there

When we think of our war veterans on Veterans Day, we might look back to those who defended our country in wars past. You might not think about the brave men and women, our age, fighting in Iraq or Afghanistan right now. In light of last Friday's Veterans Day, we should take time to remember soldiers past and think of our soldiers present.

Last Saturday, a funeral was held for one such soldier, 2nd Lt. Mark Procopio, 28, a Vermont Army National Guardsman and a 2004 UVM graduate. Procopio was killed while on patrol as part of Operation Iraqi Freedom. He was a soldier with Vermont ties who died in battle. His friends said he liked to relax at What Ale's You and Reuben James. Some of you might have shared a spot at the bar with him, and now he's gone.

Sometimes we don't think about the real, brutal nature of war. Many change the channel or turn the page at the mere mention of the war in Iraq.

While we students pursue a college degree, we should appreciate the contributions of our young soldiers who have postponed or forgone college to serve in the Army, Navy, Air Force, Marines and Coast Guard. Imagine at age 18, turning down a St. Michael's sweatshirt for dog tags and a set of fatigues.

— Sean Cooley, executive editor

Corrections

Drug suspensions: Only one student was suspended in relation to a campus drug investigation, not two as reported in a Nov. 9 news story. Adam Penny withdrew from St. Michael's College before facing a Judicial Review Board.

Irish step dancer: First-year Julie Griffin-Carty has Irish step danced competitively for 11 years. A Nov. 2 Features article, "St. Michael's gets in step with the Irish," said Griffin-Carty had danced competitively for six years.

DEFENDER

MISSION
STATEMENT

As the editorial staff of The Defender, the student-run newspaper of St. Michael's College, we strive to accurately, professionally and ethically report the news affecting the lives of students and the community.

The Defender is a designated public forum. Student editors make all content decisions. We believe in the freedom of expression. We encourage our readers to express their views at any time.

The Defender publishes letters to the editor in response to articles that we have printed in the paper and issues on campus. The Defender does not publish anonymous letters. Letters will be edited only for grammar, spelling, good taste, and sometimes length.

PHOTO OF THE WEEK | Between the pipes

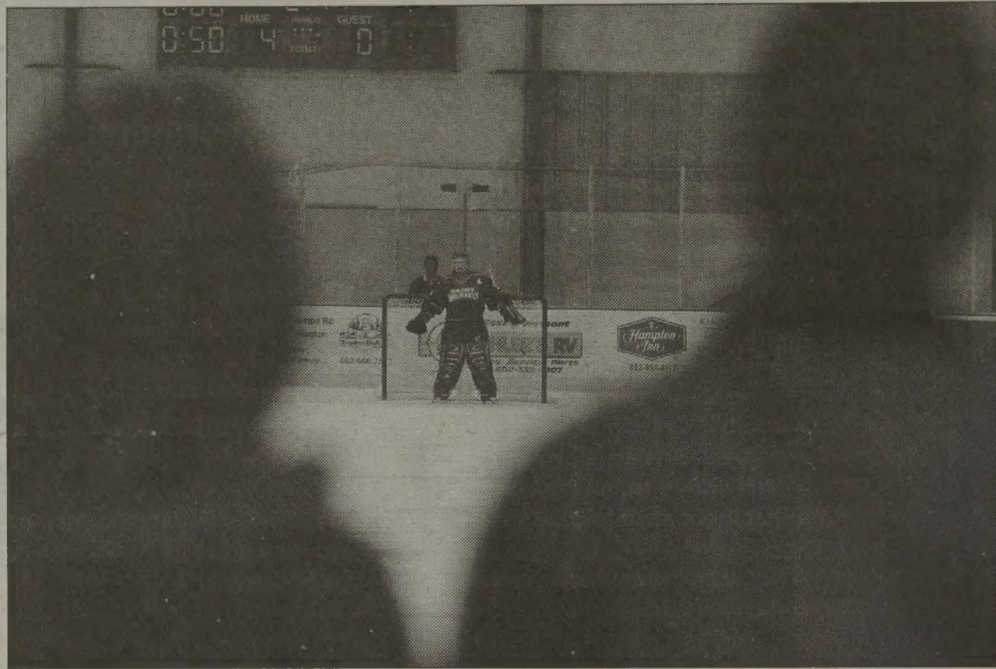


Photo by Jonah Kessel

Assistant captain Annice Mason waits with anticipation during the St. Michael's women's hockey 5-2 blowout over Castleton State College at Cairns Arena. Mason would wait, but all the action would be on the other side.

LETTERS TO THE EDITOR

S.A. shoots down Katrina donation

After attending the Nov. 8 Student Association meeting I felt compelled to sit down and write this letter. I am saddened by my fellow students and their lack of compassion for those less fortunate than us.

As we are all aware, St. Michael's College does not come cheap, yet each student here has found a way to make the price tag affordable. If we can all round up the \$33,000-plus it costs to be educated here, I would like to assume we could also be generous enough to vote in favor of making a donation on behalf of the S.A. and St. Michael's student body to the Edmundite Campus Ministry Katrina Relief Fund.

I was absolutely appalled when a motion to match the money raised for the Walk for Katrina, dollar-for-dollar, up to \$5,000, was voted against.

I pose this question to you all: What are we to do with this money? ... We have the ability to use a large sum of money given, not earned, to use each year at our disposal. From supporting clubs, organizing concerts, and even paying our E-Board's salaries, we have this money to spend however we the students see fit!

Although I agree it is very important for the S.A. to support clubs and campus activities, it is also necessary to step back sometimes and realize how lucky we are to have all that we have here. I sadly witnessed the true and utter shallowness displayed by my peers at the meeting and I urge everyone to stand up against this

vote.

This disaster happened in our own country and with our help we will be able to put New Orleans back on its feet. Please get involved with raising, donating, or supporting the Walk for Katrina that is being held in Tarrant on Nov. 18.

— Sara McLaughlin
Class of 2006

Letters to the editor

What's your view?

Send a letter of 500 words or less to the editor on any subject related to St. Michael's College by e-mail at defender@smcvt.edu.

Hope to hear from you soon.

It's time to start trimming the real waste

Staff Editorial
Daily Targum
Rutgers

Congress's new plan to re-configure education spending

and scholarships is going to dramatically cut scholarships, which will be detrimental to the many students who are dependent upon government funds to remain in school. House Republicans recently charged that many federal student aid programs are redundant. Redundancy is a highly subjective term, and many of the programs are not, in fact, redundant. Most scholarships do not go to the same students, and students with multiple scholarships usually need or deserve them.

In a committee fact sheet, the Republicans said that many programs that go to older, higher-cost institutions, like the university, are unfair and that the aid should be redirected to different programs. The problem is that students at the university need the federal funds every bit as badly as students elsewhere. As members of the Rutgers College Governing Association and Douglass College Government Association pointed out, the programs on the chopping block are the ones that

make it possible for many university students to attend college.

One of the worst decisions federal policymakers could make is to cut funding to education in the face of economic hard times brought on in part by federal mismanagement. Higher education at four-year schools creates the foundation that nations need to sustain themselves across generations, and the proposition to reduce scholarships seems like an assault on that tradition.

If the federal government needs to trim the fat, maybe policymakers should look no further than Capitol Hill. Congress can always find some ill-advised expenditure — often conceived as a means of currying political favor — that is tying up millions of dollars that would serve needy students well.

Leaders in Washington should absorb a simple message from this impending debacle — cut waste, not scholarships.

—U-Wire

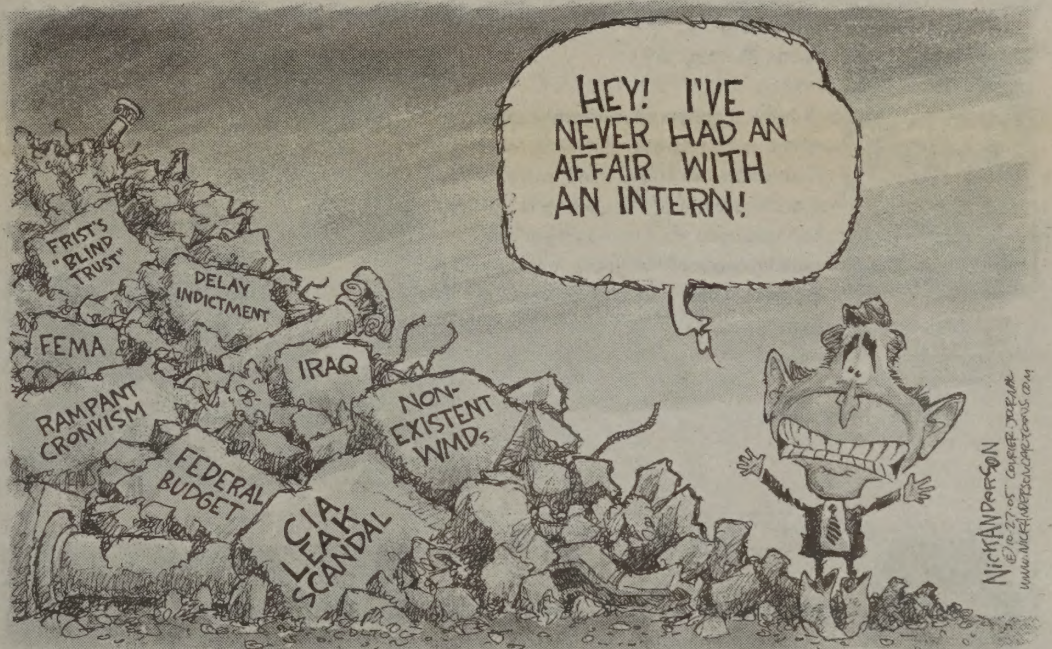
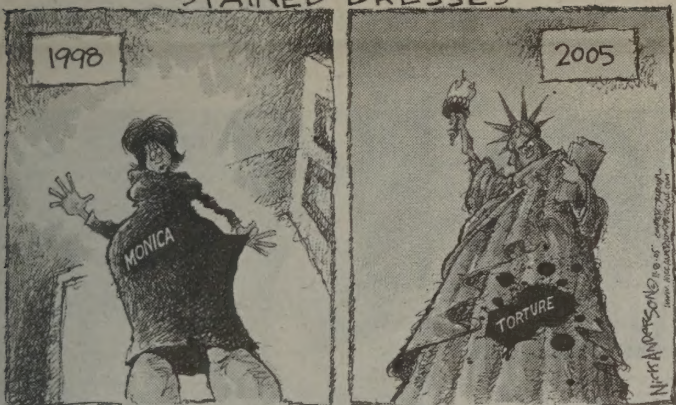


OPINION

Visions for AMERICA...



STAINED DRESSES



“Without vision, the people will perish, and without courage and inspiration, dreams will die...the dream of freedom and peace.”

**-Rosa Parks
1913-2005**



FEATURES

CAMPUS

SPEAKS: Tattoos on campus



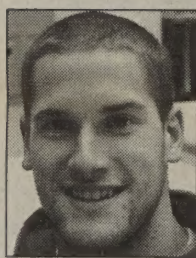
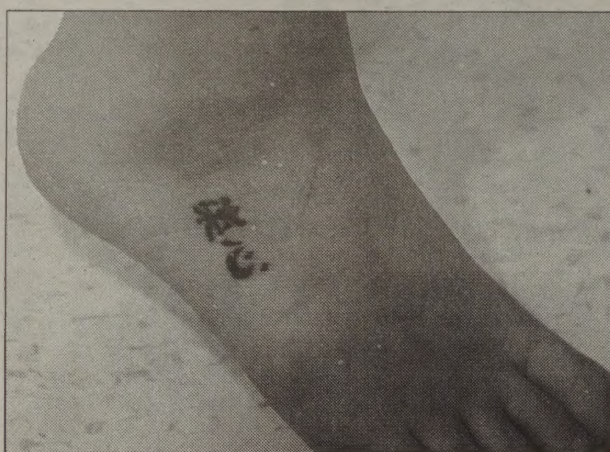
Karin Krisher, '09

"My tattoo says 'send me home' in Latin. I believe that in the end everyone goes to heaven no matter what they believe. I got it on my neck so I could cover it up if I want to, or show it off."



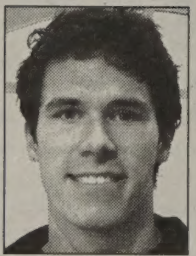
Helen French, '06

"My tattoo means happy heart, mind and soul. It reminds me to keep everything in balance. It's the way that I try to live my life and keep myself sane. I wasn't 18 when I got it, but luckily I knew someone who worked at the tattoo parlor."



Chris Martin, '09

"I have a tattoo of my family coat of arms to represent my Irish and Canadian heritage. My parents were skeptical of me getting a tattoo and told me I couldn't get one until I got out of the house, but they agreed when I told them what it was."



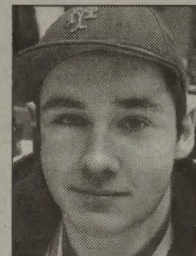
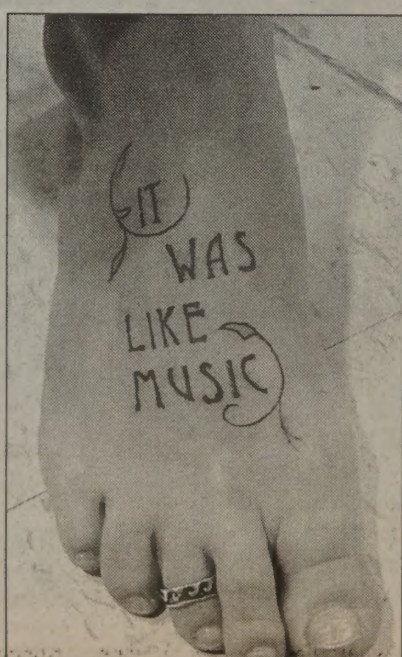
Pat Ivory, '08

"My tattoo is the Celtic symbol for fun and fearless and has a shamrock in the center. I got it on the Fourth of July after my senior year in high school with two friends. It hurt a lot but it was kind of an euphoric pain. Everyone should try it."



Adena Harford, '06

"I have a tattoo of 'It was like music,' a quote from one of my favorite bands. I am not going to say what band it is because it will embarrass me. This reminds me that everyone is similar because we all have a type of music that is meaningful to us. I have always wanted a tattoo on my foot, because I surf and snowboard and this is the foot that I put in front and leads me. The tattoo artist told me not to get it on my foot because it could rub off or glob up because the cells in your feet are different, but I got it there any way."



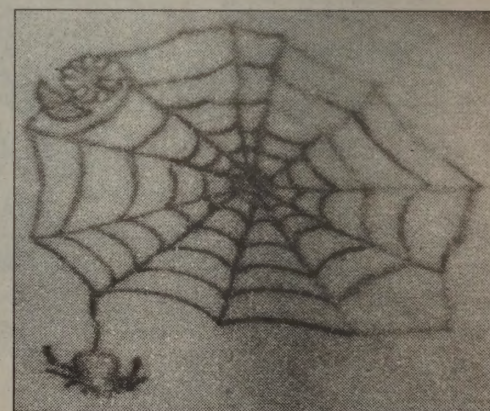
Phil McGrory, '09

"I got a rose from my grandmother's family crest. We are Irish. It didn't really hurt, just on the wrist. It isn't done yet, I am getting it filled in on Friday."



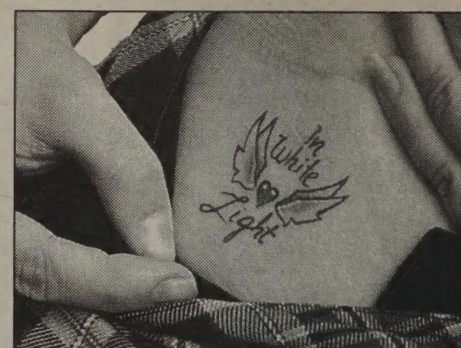
Abigail Bayer, '09

"My sister died when she was seven. We used to sing 'The Itsy-Bitsy Spider' to her and scratch her back when she got headaches. My mom, brother and I all got spiderweb tattoos. I have a daisy on mine because they were her favorite flower, my mom has a ladybug on hers because she loved ladybugs and my brother has a halo."



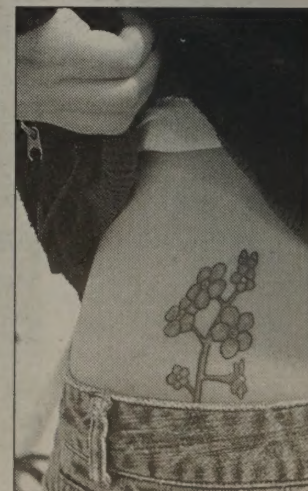
Micaela Mendicino, '08

"My tattoo is the title of a song my best friend's mother wrote before she died of cancer. It says 'In White Light' and has a heart and wings. My friend has a tattoo of the title of another song that her mom wrote about her and a bar of music."



Lauren Bergeron, '07

"I got my tattoo of forget-me-not flowers a little over a year ago. I have always wanted a tattoo of these flowers. I almost fainted and threw-up when I got it, but luckily I didn't."



Want a tattoo?

- Body Art Tattoo Studio, Burlington, 863-7870
- Counter Culture, Burlington, 660-2700
- Yankee Tattoo, Burlington, 862-3328

FEATURES

HOROSCOPES

By Sean Cooley

LIBRA: (Sept. 23 - Oct. 22)

Be wary of people who tell you how much they enjoy people watching. People watching is just a degree away from stalking, and then peeping and then jail time.

SCORPIO: (Oct. 23 - Nov. 21)

You will participate in a heated debate with your friends. The topic? Bigger detriment to society: '80s music or '80s clothing?

SAGITTARIUS: (Nov. 22 - Dec. 21)

Go tanning. Your orange complexion will beam off our pasty white state.

CAPRICORN: (Dec. 22 - Jan. 19)

Start a movement to banish cursive handwriting: it's illegible and un-American.

AQUARIUS: (Jan. 20 - Feb. 18)

Who decided that fruit is nature's candy? Apparently, nature hasn't tasted Jolly Ranchers.

PISCES: (Feb. 19 - March 20)

Buy an expensive camera and pursue your paparazzi career. It's one of the best routes to fame and fortune by doing a disservice to the world.

ARIES: (March 21 - April 19)

Imagine how much better life would be if clothes didn't exist. Be careful that your imagination doesn't wander too far ...

TAURUS: (April 20 - May 20)

For the next full moon, seize the opportunity to show off your buttocks. For the next half moon, cover up one cheek.

GEMINI: (May 21 - June 20)

Rent some scuba gear to explore Lake Champlain. There's a \$50,000 bounty on Champ's head.

CANCER: (June 21 - July 22)

Stop by your local Wal-Mart and give it a big old hug. Praise the store for its dirt cheap assortment of DVDs, fish and toiletries.

LEO: (July 23 - Aug. 22)

You will discover Thanksgiving is not really a national holiday. It's actually a government conspiracy to get you to put on 10 pounds over vacation.

VIRGO: (Aug. 23 - Sept. 22)

Next time your at a Chinese restaurant, don't even bother picking up a fortune cookie. You know to come here for your bogus life predictions.

Capoeira: Afro-Brazilian martial arts dance

Experts perform traditional form of combat on campus

By Meg Bookless
Staff Writer

Molly Robinson let out a joyous yell as she played her birembau.

As she sang about a lone sailor she was backed by 26 voices singing in the Portuguese she had taught them. When Robinson's husband, Carl, began to play his conga drum, the singers clapped to the beat.

On Thursday, Nov. 10, St. Michael's and fine arts professor Josselyne Price's African drumming and Music of the African Diaspora students welcomed Robinson to Eddie's Lounge to teach the Afro-Brazilian art of capoeira.

Capoeira was created by African slaves brought to South America. The slaves were not allowed to train in their ancient combat techniques, so they disguised it as a dance.

Capoeira refers to a "capa" or basket that urban slaves wore on their heads.

"Capoeira was defiance while holding on to their identity," Price said.

The dance incorporates acrobatics, martial arts, etiquette, music and 400 years of culture. No one element of capoeira can stand alone, without the music there is no inspiration and without the history there is no understanding of the dance.

Music dictates the rhythm of capoeira. Participants form a rada, or circle, and everyone participates by playing instruments, clapping to the music or singing responses to the leader's questions. All singing is in Portuguese and songs speak of his-

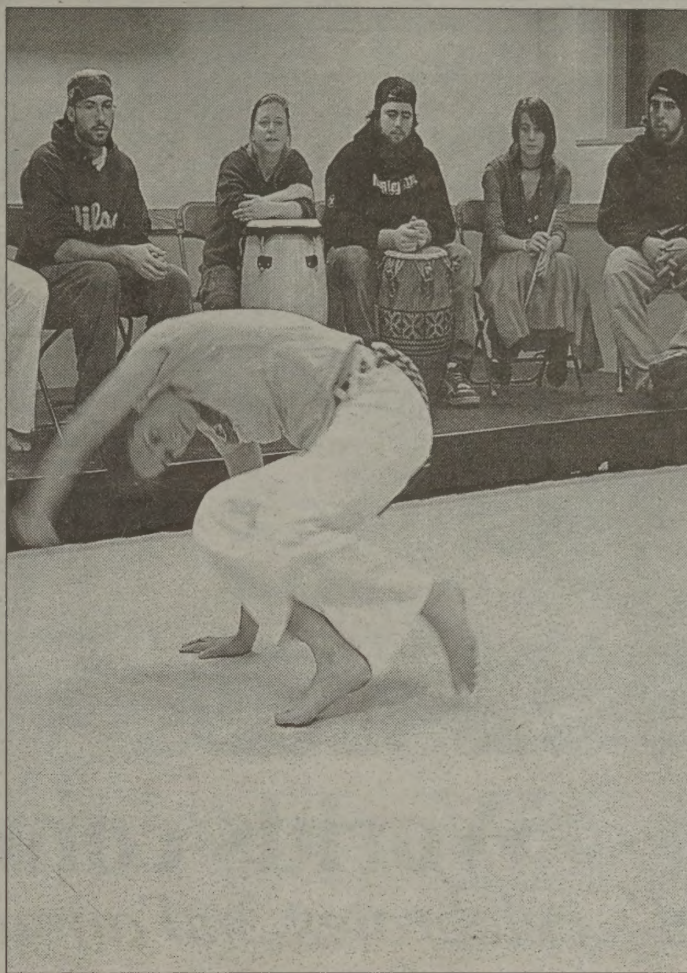


Photo by Meg Bookless

Molly Robinson demonstrates capoeira in Eddie's Lounge on Nov. 10.

torical events or tell anecdotes.

While the rada sings, two people "play" capoeira in the center. Capoeira is not a game of contact although it does contain elements of combat techniques.

"There is no other art form where the fight is like a dance," said Rob Eklof, a Burlington resident who has studied capoeira for more than five years.

Students arrived to the event lacking enthusiasm but were

drawn in as the night continued and were asked to participate.

Students were taught to play instruments used in the game. Forty minutes into the demonstration, 13 students sat on the stage playing the birembau, drums, bells and pandeiro, while the Robinsons played capoeira in the center of the rada.

A birembau looks like a large, medieval bow with a large gourd attached to the back. A

special set of tin bells called an agogo meld with the "warbling" of the birembau. The pandeiro resembles a large tambourine and is played like a hand drum.

As the Robinsons kicked, somersaulted, cart wheeled and twirled, the audience played instruments and sang along to their songs.

Many get involved in capoeira as a martial art but some are drawn to its music and history.

"I was inspired from the music and community because it's like a big family," Eklof said.

Unfortunately capoeira is largely unheard of in Vermont where Eklof said he has nowhere to practice.

Robinson began practicing capoeira in 1994. It became a driving force in her life, compelling her to start the first capoeira group in northern Arizona in 2001.

She is currently a professor at Middlebury College, and is facing the same difficulty as Eklof; capoeira is unpopular in Vermont.

Price was introduced to capoeira while studying African drumming in California.

"I love it because of the music and history," Price said.

Price has educated herself about capoeira and was interested in seeing it performed.

She asked Robinson to come to St. Michael's because capoeira relates to the topics being discussed in her African Drumming and Music of the African Diaspora class. She hoped that it would be an exciting learning experience for students.

St. Andrew's Society filled with heart, liver and lungs

Local Scots celebrate their heritage through music, dance and food

By Matt Morton
Staff Writer

The St. Andrew's Society of Vermont's annual Tartan Ball hosted more than two hundred society members participating in traditional dancing, singing and, of course, Haggis eating.

Held on Saturday Nov. 4 at the Doubletree Hotel in South Burlington, the ball joined society members with musicians from the St. Andrew's Pipe Band of Vermont, a group independent from the St. Andrew's Society.

Based out of Essex, the pipe band encourages the celebration of Scottish heritage through the performance and study of bagpipes and other traditional Scottish instruments such as the Highland drums.

"We've been playing at this event ever since both organizations were founded in the mid-seventies," said Beth Paul, a member of the St. Andrew's band for 20 years. "My son was in the band at one point as well, so this event runs deep in my

"The music is so moving, and the pipes just express so many different emotions that we can all relate to."

Cedrich Farrow
St. Andrew's Society
treasurer

family's history."

During the ball, the band played in the middle of the floor with tables of society members around them. Outside the ballroom, children dressed in tartan trews, kilts and flashes ran up and down the corridor singing traditional songs such as "Barrack's Johnny," "Scotland the Brave," and "Green Hills of Tyrol."

The music wasn't the only highlight of this celebratory gathering. Society members were offered a choice of prime rib, chicken, penne pasta or the most popular, haggis. Scotland's national dish, haggis is made

of sheep lungs, heart and liver, fresh suet, onions, and oatmeal.

Society member Jackie Walker said in order to maintain the society, one must have a "desire to promote and keep alive Scotland's culture through the food, dancing, and other activities that Scots embrace."

Walker said she also enjoys the fraternity aspect of the society. "Being with people of the same interests has always been appealing to me."

In the past years, Walker's husband and president of the society, Alan Walker has organized three trips to Scotland with St. Andrew's members. And while in Scotland last summer, Walker participated in a 9,000 member bagpipe festival.

"The trips to Scotland were exciting for sure, but they never inspired me to change the format of the program," said Walker. "The society is very rigid. Every rule is basically set in stone. Each state has its own separate society, and there is no direct affiliation."

Walker is serving a two-year term as society president. Before assuming the role, he was vice president and served on the board of managers.

The Tartan Ball is a tradition that embodies a Scottish mentality of celebrating life through food, music and entertainment.

"To me, that's what Scottish culture is all about," said society treasurer Cedrich Farrow. "The music is so moving, and the pipes just express so many different emotions that we can all relate to."

CHILDCARE NEEDED

3:00-6:30 M-F

3 Children: 3, 6, 9 years

Cook and must have driver's license.

Living space available.

238-9210

FEATURES



The Taiko drummers celebrate Japanese percussion in the Tarrant Recreation Center on Saturday, Nov. 12.

Photos by Jonah Kessel

Worlds connected

St. Michael's celebrates 2nd annual International Festival



Members of the Taiko drummers bring cultural rhythm to Tarrant Recreation Center.



ABOVE: senior Patrice Daniel scoops food onto the plate of South Burlington High School student Margaret Shin. Foods from all over the world were prepared by volunteers and representatives of different cultures.



LEFT: classical Indian dancer Mary Brust performed traditional steps after the Taiko drummers left the stage. Brust is a student of Revathi Ramachandran of Chennai, India.



The final beat of the Taiko drummers starts the second part of the festival. Indian, Irish, Korean, Caribbean, Spanish and Middle Eastern music and dance followed.

ARTS & ENTERTAINMENT

Writing with Reflec-

Professor John Engels recites poetry from his new book "Recounting the Seasons: Poems 1958-2005"

By Michael Cronin
Staff Writer

Groups of students, professors and fans filed into the Hoehl Welcome Center Thursday, Nov. 10 to hear a reading by professor John Engels on his newest book, "Recounting the Seasons: Poems 1958-2005."

The Welcome Center was so packed that some people found themselves sitting on the floor, standing, or borrowing chairs from other rooms. Many attendees were students of the professors and didn't attend the reading to earn extra credit points, but to hear poetry from an experienced poet.

"I'm definitely looking forward to the reading, just listening to someone read their own poetry is pretty amazing," said senior Michael Clark, who is planning on taking a course with Engels next semester. "To see the faculty give back and share a part of themselves in the field that they love is inspiring."

Professor Engels doesn't want just poetry fans to appreciate his work.

"People who are not interested in poetry should still read poetry, and not just from my book, but all poetry," Engels said. "Everyone can gain a lot from it."

"The way he speaks in class really shows his authority on the subject," said Larry Frisoli, a sophomore taking Engels' introduction to poetry workshop class. "I'm just here because he's an interesting guy."

Engels read poems ranging from "Mud-trapped," about a friend who got stuck in the mud while fishing, to poems of death, annoying geese and his favorite Thanksgiving food, red cranberry relish. "Recounting the Seasons: Poems 1958-2005" is a collection of poems, many of which were in Engels' previous 11 books from. His last two books were published by the by Notre Dame Press. At a young

age, Engels began to discuss literature with his father, a former professor at Notre Dame. Years later, he graduated from Notre Dame and also studied at the University College of Dublin and University of Iowa.

With all his experience, creating poetry did not get any easier, Engels said. He still finds it difficult writing poetry sometimes. He said his influences have "always been where he lived, his family, and his experiences in life."

The audience didn't lose interest throughout the entire hour and a half as students, friends, professors, and guests stared up with great attention.

"I love John's poetry and I love the way he reads," English professor Kerry Shea said.

Professor Engels read about 15 of the 350 poems published in the book and earned a standing and enthusiastic applause as many went up to him after to congratulate him or ask for an autograph.

"I loved it," Clark said after the reading ended. "It reminded me of a quote: 'Good poetry is as simple as the need to be touched.'"

"Recounting the Seasons: Poems 1958-2005"

► Professor Engels' book is available at St. Michael's Bookstore for \$55

► Will soon be coming to Barnes and Noble, Borders and other major bookstores.

► Also available at www.amazon.com



Photo courtesy of the band

Boston-based band .chilmark. gets ready to release its album. From left Derek Wolfrum, Ben Kim, Chris Lewis, Joshua Lewis and Mike Hartigan.

Take a chill

Ambient acoustic rock band .chilmark. to play at St. Michael's on Nov. 17 in Alliot

By Danielle Furlani
Staff Writer

The band .chilmark. is getting ready for a milestone. Its first album, which was recorded this summer, will be coming out in April. This Boston-based band spent all summer working on it.

The band's vocalist, senior Chris Lewis, has played guitar for 12 years, and started playing with his cousin and fellow band member, Joshua Lewis, in 1998. The other members are Ben Kim, Derek Wolfrum and Michael Hartigan. The band started out playing recreationally, just fooling around with music.

The music can be classified as ambient acoustic rock Lewis said. Each member has different musical inspirations, which is what makes it diverse. Lewis looks at his song writing as something inside of himself, it is a unique writing in its own, he said.

"I've gotten more critical of myself

.chilmark.

- What: Experimental rock group
- When: Thursday, Nov. 19
- Where: Alliot
- Time: 8:45 p.m
- Cost: FREE

musically, the writing comes and it won't stop," Lewis said.

He said there have been many nights when he's stayed in with the guitar. The band also likes to experiment with different kinds of music by using the same lyrics but put it to a different sound.

The band self-recorded it's new album. The band spent 10-12 hours a day working on the CD. The CD will be on sale at Amazon.com and iTunes for about \$10. The album will be out in April

Solo Phishing: Trey Anastasio can't catch anything

I heard a joke the other day. What do seafood chowder and Trey Anastasio have in common? They both suck without Phish (fish). I bought Anastasio's new album "Shine" and realized this wasn't a joke.

Yes, I am a Phish lover and I do respect the band's decision to break up. After attending its last show in Coventry, Vt., I knew it was time for band members split up and do their own things.

Anastasio was always the lead man for the band. Even in the Phish documentary "Bittersweet Motel," the focus is all on him. So when the band decided to call it quits, I was excited for Anastasio. It seemed like his music was disconnected from the rest of the band's and it seemed like he enjoyed his side projects much more because he was the leader.

Anastasio is one of the more incredible guitarists today. He makes his ripping guitar riffs look so effortless. I assumed "Shine" was going to be full of unbelievable guitar solos. What I didn't know is that I was going to be buying a pop CD. I knew I was in trouble when my mom said, "I like this. Who is this?" I can re-



By Courtney Alex
Arts and Entertainment
Editor

member playing Phish for her for the past six years and her insisting I turn it off because the jams gave her a headache.

The album features 12 of Anastasio's new songs. If you are expecting the songs to be 12 minute jams with some fantastical lyrics that take you into a different world, think again. It's a mix between the Monkees and The Red Hot Chili Peppers. Anastasio combines slow pop with easy cheesy lyrics about love and backup vocals, but still includes a few hard-rock solos. Honestly, a lot of the songs sound exactly the same

There was one song I thought was better than the rest. "Wherever You Find It," is somewhat

corny because of the lyrics. "Look all around, you're never alone. But if you rewind it, love on a line, I will follow you home." Maybe it's the piano in the song that screams Page McConnell, Phish pianist. Out of all the songs, this musically best represents Phish's later stuff.

My least favorite song was "Love is Freedom." I almost cried because it didn't sound like Anastasio. I just imagined him singing this song on MTV with him on top of a building, wearing a black leather jacket singing it to the world with his hair blowing in the wind. It's slow and poppy, and isn't the Anastasio I grew to love.

Anastasio has a band to back him, but he is empowering the songs. It is cool, but boring. I want to hear some blasting bass sounds and some fast moving drum beats. Something. Anything. Please.

Like I said, I completely support Anastasio and what he is doing, it just isn't for me. I understand all of our music tastes evolve, including musicians. I guess I just accepted someone so big in my life, to do something

even bigger. Instead, he downgraded and joined the mainstream gang. It is unfortunate, but he seems to be enjoying it. I'm just upset I can't enjoy it anymore.

If you are in the mood for

some pop-rock, definitely go buy this CD. But if you are like me, and want to hear Phish's imaginative jams, go buy a Phish CD. "Shine" will make you miss the days of Phish even more.



CD cover photo by Phil Knott

Trey Anastasio's new album cover. The album features 12 of Anastasio's pop-rock songs on it.

COLUMNS

Stop AIDS; keep the promise

December 1 of every year marks the World AIDS Day. This year's activists are crying out to governments and policy makers to ensure they meet the targets they have agreed to in the fight against HIV and AIDS. These important promises can be

AS I SEE IT



Thato
Ratsebe

viewed at the UNAIDS Web site.

During 2004, about 5 million adults and children became infected with HIV, the virus that causes AIDS.

By the end of the year, an estimated 39.4 million people worldwide were living with HIV or AIDS. The year also saw more than 3 million deaths from AIDS, despite the availability of HIV antiretroviral therapy, which reduced the number of deaths in high-income countries.

As of the end of 2004, world estimates of the HIV and AIDS epidemics were as follows:

► More than 20 million people have died of AIDS since 1981.

► Africa has 12 million AIDS orphans.

► By December 2004 women accounted for 47 percent of all people living with HIV worldwide, and for 57 percent in sub-Saharan Africa.

► Young people (15-24 years old) account for half of all new HIV infections worldwide—more

than 6,000 become infected with HIV every day.

► Of the 6.5 million people in developing and transitional countries who need life-saving AIDS drugs, fewer than 1 million receive them.

A program, The Three by Five, which was launched by World Health Organization and UNAIDS in December 2003, set the following target, which many governments promised to help achieve:

Provide access to antiretroviral treatment to 3 million people living with HIV in developing and transitional countries by the end of 2005.

People have a right to hold governments and policy-makers accountable as they announce whether these promises have been kept and whether enough progress is being made toward longer-term targets.

One of the Millennium Development Goals to which all members of the U.N. have committed is stopping and reversing by 2015 the spread of HIV and AIDS.

You can do something to help achieve these goals.

Raise awareness of HIV and AIDS in your area. Protect yourself and your partners to stop the spread of HIV. Know your status, get tested. Think of those who passed, pray for those who live with the virus.

Contact Thato Ratsebe at tratsbe@smcvt.edu

Living life to its fullest

Whoever came up with the phrase "Life is too short" was a genius. This past year, I realized it really is.

Being a senior here is hectic. It's hard to balance your time between schoolwork and social life. It's also hard to take time to reflect and relax. Everything moves so fast, before we know it we will be handed our four years of college education on a piece

of paper and thrown into the world. This rapid pace is scary and exciting, but due to the excess of everything in college, I never took a moment to think about what has gone on in my life until last week.

I was called home because my grandmother was ill. Mind you, I've had family members die, friends die and lovers die. This was completely different.

When I got home, it was our duty to sit and watch this incredibly intelligent, energetic, compassionate and happy woman, wither in front of our eyes. I've seen death, but I've never seen someone dying. All I wanted to do was shake her awake, give her some Tylenol and bring her home. But I couldn't. I had to watch her emaciated body struggle for air.

The worst was when she woke up and faintly asked why I was home and if she was dying. I couldn't respond. She knew all too well. She said, "I love you," and went back to sleep.

Two days later she passed. It was a relief, but tremendously discouraging. We wanted to make the suffering go faster, but keep her as long as we could.

After this occurred, I questioned everything. Who do I trust? Where do I stand on religion? Most important am I living my life to its fullest?

When I came back to school, I was immediately thrown back into my routine, barely allowing me anytime to think.

I started noticing the reasons people fight. We all know, the "he said-she said" of St. Michael's High. People feed off of conflict. We all do it. But why?

With all of these thoughts racing through my brain, I came to the realization that we need to live our last few months here to the fullest. We are so fortunate to be here. These are supposed to be the best years of our lives. Let's make them that way.

If you don't like doing something or can't appreciate it, then don't do it. The more time you waste, the less life you have.

Be with people who care for you. It is better to leave with three great friends than with 500 people who are only your friends on Facebook.

We are graduating college.

We are all in our 20s. In other words, we're decision-making adults. Opportunities are endless for us. Therefore, if your parents want you to go to grad school and you don't, then don't. If your dream is to travel to Nepal to hike to base camp of Mount Everest, then do it. Nothing is impossible.

And most important, express your love to people. Communication is dwindling as we type how we feel over Instant Messenger and through text messaging. It is so much more valuable in person. We are all intelligent, with emotions and feelings. Let's quit being numb.

Why am I saying all of this? Watching my grandmother die was a life-changing event. I was so fortunate I got to say I love you before she passed. It made me realize all of the important aspects of my life and how quickly it could end. No one knows when the last time you can say "I love you" is or when your last breath is. Life is the most precious gift and we need to care for it.

I listened to a song by the Disco Biscuits the other day and this line just screamed truth to me. "There is more to my life than my eulogy." There is. Respect it. Love it. And live it. Before we know it, the gift will be gone.

Contact Courtney Alex at cal-ex@smcvt.edu

In America, death penalty no better than state-sanctioned murder

The most significant development in criminal justice among democratic nations over the past half century has been the virtual disappearance of capital punishment. For a time, the United States was a leader in this trend. While we performed an average of 176 executions per year during the 1930s, we averaged 72 executions annually during the 1950s. This number slowed to a trickle in the 1960s, with seven in 1965, one in 1966 and two in 1967. Thanks to intervention by the Supreme Court, there were no executions in the United States for the decade that followed, until 1977. Since then, however, we have resumed executions with considerable enthusiasm.

Nine executions are scheduled for November, and barring executive clemency or a judicial stay in any of these, on the 29th of this month John Hicks will have the dubious honor of being the 1,000th convict executed since capital punishment was resumed. As we reach this milestone, it might be a good time to assess our experiment with the death penalty and see what it has gotten us.

The myth of capital punishment holds that we execute only the worst of the worst, the criminals who have committed the most heinous crimes—aggravated first degree or felony murders—that executions will deter others from committing similar crimes, and that those selected for execution have through their crimes distinguished themselves in some moral way so that they "deserve" death as retribution. As with most myths, grains of truth can be found here. But on closer examination, the arguments in favor of the death penalty prove to be

quite weak. So the question I pose is this: is an execution under state sanction really different from, and morally superior to, the murder committed by the condemned?

First, some facts. Between 1995 and 2002, the United States had an average of 17,457 homicides per year, but from the annual average of 7,820 convictions, only 1,564 to 3,128 were "death eligible." Of these, an average of 256 death sentences was awarded by juries, but only 70 convicts were executed. In short, the average risk of execution for each death eligible murder was slight.

Without citing all the complex social science that has thus far failed to convincingly show any relationship between capital punishment and homicide rates, we might simply note that a punishment so unlikely to follow the

crime will hardly be on the mind of a criminal at the moment of homicidal impulse, the very moment deterrence has to work. The far more realistic prospect of a lengthy incarceration has already failed to deter. Most death eligible homicides occur during moments of passion or panic (typically the armed robbery that goes badly), when the expectation that the killer will be engaging in rational cost/benefit analysis of his options is chimerical.

"What about the victims?" one often hears. Since killing the killer will not restore the victim to life, this sentiment can only be an inchoate appeal to retribution, the theory that the murder is an offense so repugnant to morality that it must be paid for by proportional suffering of the offender. "An eye for an eye, a tooth for a tooth and a life for a life!" we often hear. Per-

haps we might take a moment to note that we do not hear similar demands that rapists be raped and robbers be robbed. Even if retribution is deemed uniquely appropriate for murders, the theory of retribution founders on the selectivity of capital punishment as we administer it. Retribution is a non-discretionary theory of punishment that follows from a moral imperative that the punishment must fit the crime. What retribution arguments cannot explain is how we get from 1,564 to 3,128 death eligible convictions each year to only 70 executions. Are there morally acceptable principles that justify this selection—that demonstrate why the 70 were more capital worthy than all the convicts whose lives were spared?

Retribution theorists have proposed no such principles, but social science has—at least if we are willing to suspend the demand that the principles of selection be morally defensible. The leading criteria that distinguish among death eligible offenders, separating those executed from those spared are:

Gender: Women commit few death eligible homicides, but when they do, we are extremely reluctant to execute them. Only 11 women have been executed since 1977.

Class: There are no affluent people on death row, only society's economic refuse. Prosecutors frequently delay filing a notice of their intent to seek a death penalty until they know who will be defending the accused. If counsel is court-appointed, they file. This is selection based on convenience, not moral principle.

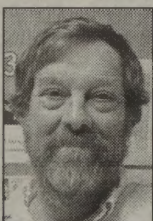
Race: While the race of the defendant has only a small impact on the sentence, the race of the victim is one of the strongest predictors of a death sentence. A de-

fendant who kills a white victim is 3.5 to 5 times more likely to be sentenced to death. No retributivist can explain why the life of a black victim is morally less valuable than the life of a white victim.

Geography: Capital punishment is primarily a Southern thing, but more alarming is the wild fluctuations by county within a single capital state, unrelated to population or homicide rates. Texas accounts for 38 percent of our executions, but among its 256 counties, 176 have sent no one to the death chamber. Harris County has sent 82 convicts to their death. In short, a crime that would result in a life sentence in one county, if committed 20 miles up the highway could result in a death penalty.

What we find, then, is a capital system that is unreliable, even capricious, except when it is discriminatory, without making us any safer. Put aside for a moment the 121 death row exonerations, where the condemned prisoner was proven innocent of the crime for which he had been sentenced. It is safe to assume that most of our 3,414 death row inmates have committed crimes of breath-taking senselessness and brutality. The presence of the Constitution's ban on "cruel and unusual punishments" suggests that even they have some moral claims on society. Perhaps these are slight. Even so, I would urge that an informed public discussion of capital punishment is in order—if not for their sake, then for ours.

John Hughes is a professor in the political science department. Contact Hughes at jhughes@smcvt.edu.

QUEST
COLUMNIST

John
Hughes

CALENDAR

16

Wednesday

Blues and jazz: The Rockin' Blues Revenue, John Mayall, Eric Clapton's mentor, and the Bluesbreakers, Robben Ford, the Yellowjackets and Eric Bibb performs at the Flynn. 7:30 p.m. \$38/\$28/\$22. Contact the Flynn at 652-4500 or visit www.flynncenter.org.

Middle Eastern coffee hour: Food, music and cultural information. St. Edmund's Foyer. 3:15 to 4:15 p.m.

Children's voices: A documentary that shows children in a Palestinian refugee camp and demonstrates the Arab-Israeli conflict through the eyes and voices of seven Israeli and Palestinian children. McCarthy Recital Hall. 7 p.m. For information call 654-2536.

Groove: Erin McKeown at Higher Ground. Showcase Lounge, \$10 advance, \$12 day of show. Doors open 7 p.m. Show starts at 8 p.m. All ages. Contact the Flynn at 652-4500 or visit www.flynncenter.org.

Music: Nectar's presents Roots of Creation, GCG featuring SIN, Benny Bianco. 188 Main St., Burlington. Contact Nectar's for more information at 658 4771.

Music: Parima restaurant presents Pine Street Jazz featuring Susan Squier. Thai Bar, 185 Pearl St. Call 864-7917 for more information.

17

Thursday

Choral music: St. Michael's presents Blue Heron Renaissance Choir conducted by Burlington native son Scott Metcalfe features the Missa Spes nostra of the unknown early 16th-century English composer Robert Jones. St. Michael's chapel. \$25 full price, \$20 students. Open seating.

Thanksgiving dinner: Join the rest of the St. Michael's community for a Thanksgiving dinner provided by Alliot Dining Hall.

Play: The Waterfront Theater presents "Glengarry Glen Ross." All Seats \$12. Open seating. Adult language and may not be suitable for children. 8 p.m.

Homelessness today: Michael Ohler from the COTS Speaker's Bureau discusses homelessness and how we can help. 7:30 p.m. Farrell Room. Vigil immediately following.

Relax: Coffeehouse presents Turkey Bouillon Mafia. 9 p.m. in Eddie's Lounge. Free.

Video: "Across Military Lines? A perspective on Iraq." Student vid-

eo of interviews of Iraqis while on a military tour of Iraq.

18

Friday

Ensemble Caprice: William Lewis and Suzanne Kusserow present Ensemble Caprice, under the artistic direction of Matthias Maute and Sophie Larivière. Formed in Germany in 1986 and now based in Montreal, the group performs at the UVM Recital Hall at 7:30 p.m. \$25 admission and pre-concert talk at 6:30 p.m.

Walk for Katrina: Form a team or walk independently for 1 hour. 7 p.m. to 7 a.m. in Tarrant Center. Pledge sheets available in the Student Life Office. All proceeds go to Bishop Perry Middle School, St. Peter Claver Church, St. Joseph's The Worker Church.

Modern jazz: The choreography is a fusion of athletic modern and jazz, bringing a unique style to the modern community. 7:30 p.m., \$15 full price, \$10 students and seniors, open seating at the FlynnSpace. Contact the Flynn at 652-4500 or visit www.flynncenter.org.

Hurricane relief benefit: Elizabeth Von Trapp at The Cathedral Church of St. Paul, 2 Cherry St., Burlington, 7:30 p.m. Full price \$15, senior and children under 12, \$12, family ticket \$40 (includes parents or guardians and dependent children, available only by calling 86-FLYNN or by visiting box office window at 153 Main St. in Burlington). Open seating. Proceeds will be sent to the Episcopal Relief and Development organization, which has been working in the Gulf since Hurricane Katrina hit, providing immediate

aid and long-term support.

Drumming and music: The Flynn Center presents a celebration of Steve Reich, composer and Vermont resident, including the masterpiece "Drumming," one of the most influential works of the 20th century, at the Flynn MainStage, 8 p.m. \$28/\$22. Children and students with ID save \$4. So Percussion will also perform Reich's "Music for Wood Instruments" and "Music for Mallet Instruments, Voices, and Organ." Contact the Flynn at 652-4500 or visit www.flynncenter.org.

Music: Higher Ground presents Donna the Buffalo and Mountain Mojo Authority. \$14 advance, \$16 day of show. Doors open at 8 p.m., show starts at 9 p.m. 18+.

19

Saturday

Music: Higher Ground presents Quadra and Mr. French. Doors open 7 p.m. Show starts 8 p.m. 18+. \$12 advance and \$15 day of show. Call 655-0777, or visit www.highergroundmusic.com.

Ballroom dancing: Green Mountain chapter, United States Amateur Ballroom Dancers Association, give lessons at the Elley-Long Music Center, 223 Ethan Allen Ave. Waltz mini lessons for first-time dancers at 7 p.m. Samba with Kym Reid Taylor at 7:30 p.m. Ballroom, Latin and swing music by DJ Bryan Bishop. \$12 general admission, \$8 USABDA members and seniors, \$6 students. For more information, call 878-5784. E-mail usabda-vt@yahoo.com or visit <http://www.dancevermont.org>.

Keeping the beat with So Percussion



So Percussion celebrates the music of composer and Vermont resident Steve Reich including the masterpiece, "Drumming," on one of the most influential works of the 20th century, at the Flynn Mainstage Nov. 18 at 8 p.m.

20

Sunday

Musical theater: Kevin McGuire and Bill Reed lead a workshop for theatrical singing styles by Reed, and individual coaching by McGuire. Singers, actors, directors, choreographers, choral directors, musical directors and accompanists welcome. \$20 auditors, \$40 participants. Flynn Center Studios. Visit www.flynncenter.org for more information or call 652-4500.

case Lounge. Call 655-0777, or visit www.highergroundmusic.com.

Music: Dropkick Murphys, Big D and The Kid's Table, Righteous Jam and Far from Finished featured at Higher Ground. \$20 advance, \$22 day of show. Call 655-0777, or visit www.highergroundmusic.com.

22

Tuesday

Holiday spirit comedy: The Flynn Center for the Performing Arts presents Stand Up, Sit Down and Laugh at the FlynnSpace, 7:30 p.m. Open seating, tickets \$8. The series is hosted by Josie Leavitt, who performed at Caroline's, the Comic Strip, and many clubs in Manhattan, and has been performing throughout New England.

21

Monday

Comedy tryouts: Higher Ground presents comedy battle No. 2 open-mike auditions. Free for all. Doors open 7 p.m. at the Show-

Turkey Bouillon Mafia

Thursday, Nov. 17

9 p.m. in Eddie's Lounge

Free

Sponsored by Coffeehouse

OUTDOORS

Swimming with the fishes

Scuba diving reveals the underwater world of Lake Champlain

By Meg Bookless
Staff Writer

St. Michael's outdoor enthusiasts may be unaware of the world of underwater recreation in Lake Champlain. When college students consider winter activities, many students don't consider being 30 feet under the surface of the lake.

Scuba diving in Vermont?

The frigid temperatures of Vermont winters don't intimidate Chip Perry, a dive instructor at the Waterfront Diving Center in Burlington, who dives in Lake Champlain.

"I fell in love with it in three feet of water at the YMCA pool and I couldn't wait to be somewhere where I could actually see stuff; see things 360 degrees around you," Perry said.

Perry was certified nine years ago and said Vermont "has a very solid diving community."

The University of Vermont offers physical education credits for scuba certification classes. However, time and finance restraints keep college students from getting involved.

Five or six years ago, St. Michael's offered a scuba diving certification class but it didn't attract enough students due to the high price said Wilderness Program director Todd Wright.

UVM Scuba Diving Club president Rick Galante noted similar difficulties such as cost and weather have hindered interest and led to the club's inactivity for the past two years.

In the summer, the water 20 to 30 feet below the surface is only about 40 degrees Perry said.

Shipwrecks

The Vermont Division for Historic Preservation lists at least six different wrecks beneath the waters of Lake Champlain.

Many boats, such as the "Oakes Ames (Champlain II)" and "Diamond Island Stone Boat," were victims of mechanical errors and have made for a graveyard of Vermont's maritime history.

The Vermont Division for Historic Preservation assigns experience level ratings to each wreck on its Web site, www.historicvermont.org. Summaries describing larger wrecks also indicate water depth, coordinates and historical background.

"When I say that I'm going scuba diving people always ask where," Perry said. "When I tell them Lake Champlain they're like, 'you can dive there?'"

What is scuba diving?

Scuba diving is a sport that offers a view of the world most people never get to see. Before diving, an open-water certification is required and can be obtained after completing a 40 hour class with a certified dive instructor.

After receiving open-water certification, a person can choose to specialize in a certain area of diving by taking classes in ice diving, first aid and rescue, cavern diving, wreck diving or drift diving.

The majority of divers are considered recreational, but the sport is also pursued in the military, commercial and aquatic sciences.

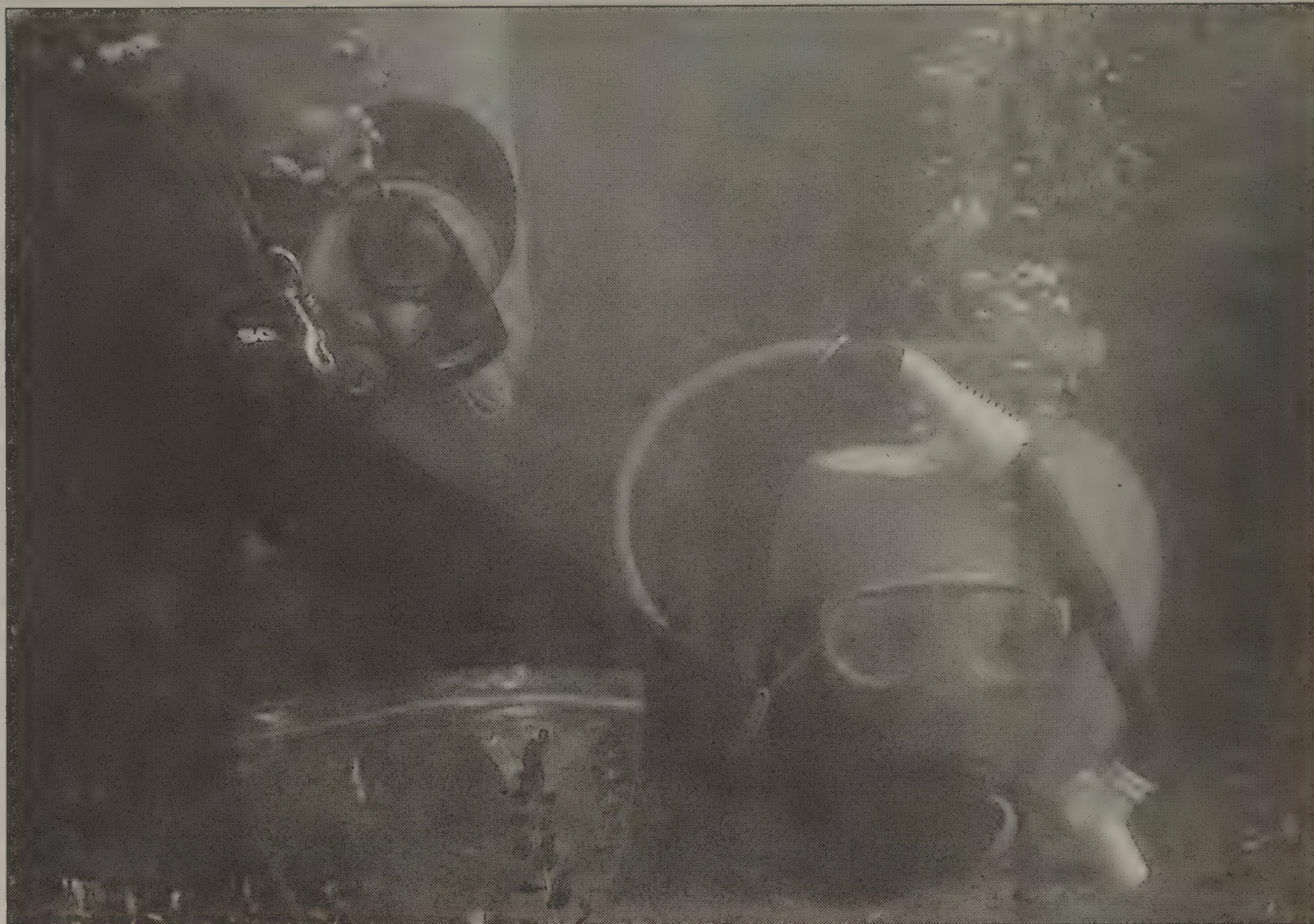


Photo courtesy of Chip Perry of the Waterfront Diving Center
A scuba diver displays his artwork in a recent underwater pumpkin carving event in Lake Champlain.



Photo courtesy of Chip Perry of the Waterfront Diving Center
Divers display their pumpkins carved underwater in Lake Champlain.

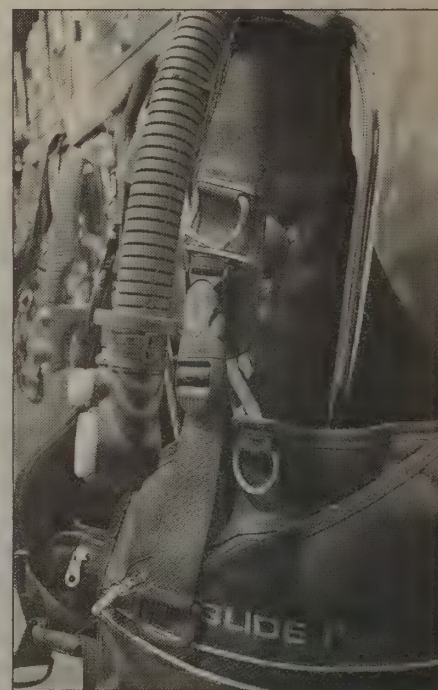


Photo by Jonah Kessel
Scuba diving gear lines the walls of the Waterfront Diving Center in Burlington.

Resources

► **Waterfront Diving Center**
214 Battery St., Burlington
865-2771
www.waterfrontdiving.com

► **Victory Sports**
76 Heinberg Drive, Colchester
828-3051
<http://victorysports.net>

► **Vermont Scuba Diving Club**
Marke Englert
433-9897 or marke@vsdc.net
<http://www.vsd.net>

How to get involved?

Classes range in price from about \$200-\$350. While most equipment is provided, students are required to supply their own mask, fins and snorkels. Other equipment needed includes an oxygen tank, weight belt, two regulators for breathing, a buoyancy compensator (controlling a diver's rate of descent and ascent) and an "oc-

topus" which has four tubes holding hoses that connect to the buoyancy compensator, regulators and computer. The computer consists of a depth meter, pressure indicator and compass.

Beginners can expect to spend about \$1,200 for middle of the road equipment Perry said.

"The nice thing is that once you're certified you're good for life," said president of the Vermont Scuba Diving Club, Marke Englert.

Englert has been certified for twenty years and now dives in lakes and ponds in central Vermont.

"In recent years I'm seeing a lot of partners; husbands and wives, girlfriends and boyfriends," Englert said.

Interest at St. Michael's

First year Dave Breeckner is a warm climate diver.

"Visibility is a discerning factor for me," said Breeckner who likes the colorful fish and coral reefs that thrive in warmer

climates.

Breeckner has been certified for three years through his mother who is a dive instructor in Connecticut. Although he hasn't been diving in Vermont yet, he said he is interested in training to wreck-dive so he can explore Lake Champlain.

Junior E.J. Wright scuba dives and has looked at pursuing certification for cavern and first-aid diving.

"It's a completely different world," he said. "It brings you into that time period."

Wright said that while diving can be costly and time consuming, it is an incredibly rewarding experience.

"I spent a lot of money on my equipment but it's worth it because scuba diving is one of the most dangerous sports out there," he said. "It's an ongoing education just like everything and the people who get hurt aren't educated about diving."

OUTDOORS

Bolton Valley ready for winter with \$2.3 million in improvements

By Allen Briggs
Outdoors Editor

Skiers and boarders may notice some changes if they visit Bolton Valley Resort this winter. A \$2.3 million mountain make-over represents its largest expansion since 1987, according to President Bob Fries.

Those used to taking two lifts to access the summit will be pleased to ride its new fixed grip, base to summit quad. The top of the lift goes 100 ft. past the top of the old lift accessing the new Vista Bowl complete with, "three new trails and a bunch of glades," Fries said. "It should be ready by Dec. 15 or sooner."

The old, two-lift trip to get to the summit involved skiing over flat terrain from one lift to another. The installation of the Vista Quad will eliminate that problem.

The new 11 minute ride accesses terrain open at night.

"I don't have to freeze my butt off on the chairlifts at night," junior Zach Mangione said. "It'll probably be faster."

"I'm pretty stoked about the new improvement," junior Tara Hostnik said. "It's gonna be clutch. It's gonna help me get more runs in, in less amount of

Improvements

- ▶ Base to summit quad
- ▶ Vista Glades
- ▶ 60 acre Wildwoods glades
- ▶ Additional snowmaking
- ▶ Improved trail lighting
- ▶ New halfpipe
- ▶ Improved terrain park
- ▶ Improved indoor sports center

time."

New gladed terrain has also been added in the Vista Bowl area and in the Timberline area. "We're trying to appeal to back-country skiers," Fries said.

The new Vista Glades can be accessed via the new lift. The Wildwoods glades are adjacent to the Timberline area. The Wildwoods are over 60 acres of unpatrolled, ungroomed terrain.

"Gladed trails are where it's at," said Hostnik who participated in the 12 Hours of Bolton charity event last winter. "That's where I like to ski. It's gonna be gnarly."

Bolton will offer backcountry tours for those looking to get outside the resort boundaries Fries said. These trips will cost extra money.

"I tend to ski in the woods a

lot," Mangione said. "It would be pretty cool."

Freestyle skiers and snowboarders will also notice changes in the terrain park and halfpipe.

"We relocated the pipe a little bit up hill and to the right," Fries said. "We're trying to get a well known terrain park designer."

"The new terrain park is definitely gonna get some action this year," Hostnik said.

Mangione agreed. "It's really close and a decent park," he said. "I ride the park at night which is cool."

Other improvements include expanded snowmaking, improved night lighting, a renovated Timberline lodge, a new wood-fire pizza oven in the base lodge and improvements to the sports center.

"I feel like we don't have a huge college crowd yet," Fries said, who is entering his fourth season in charge of the resort. "We're really working on it."

"We seem to be doing pretty well," he said. "There's a lot of new stuff for people to do and try."

"I'm excited about it," Fries said. "It's nice to be at a point where it makes sense to make improvements."

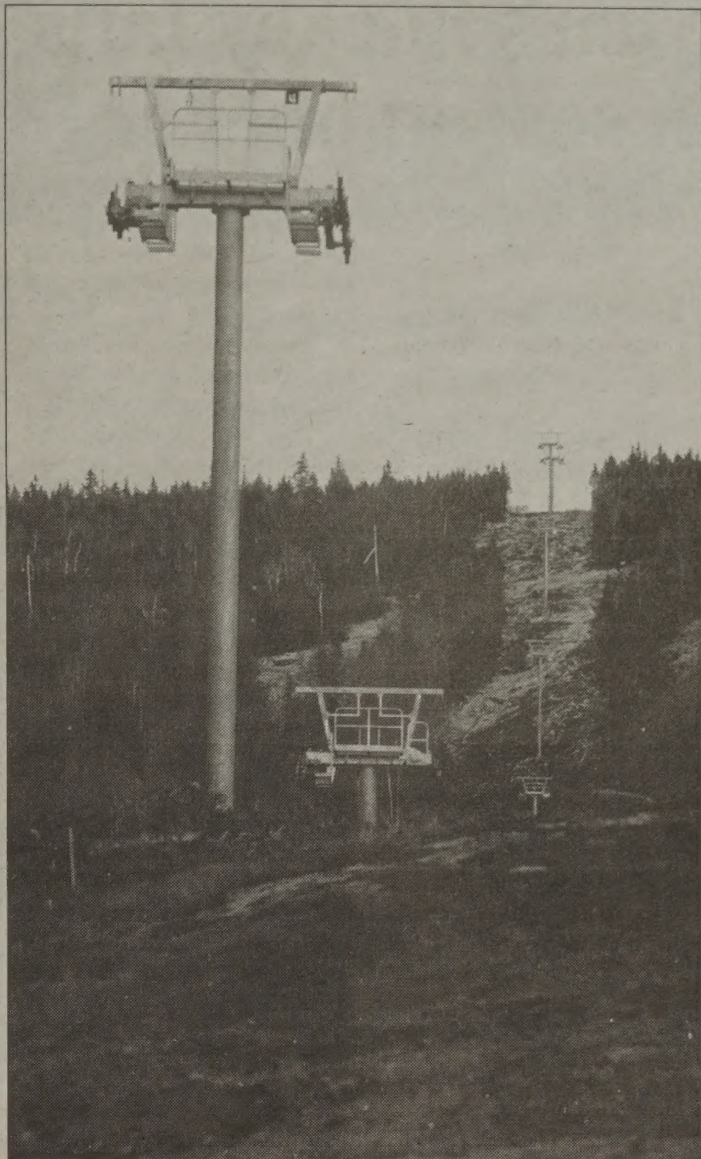


Photo by Jonah Kessel

New towers for the Vista lift have been installed at Bolton Valley. The lift and other improvements should be completed by Dec. 15.

Snowboard Club holds 2005 Rail Jam

By Drew Vetere
Staff Writer

The Snowboard Club held its first rail jam of the season Saturday, Nov. 12 on the 300s field.

More than 30 skiers and snowboarders competed against each other in friendly competition. Each rider was judged by their peers.

Although it was a competition, Snowboard Club co-president George Hayes insisted that there was no pressure to win.

"It's more important that everyone is having a good time," Hayes said.

This was the first year the club has held the event at night. The club wanted to hold the event on a Saturday night to attract more people.

Attendance at this year's rail jam was larger than in previous years. The bright lights and loud music coming from the 300s field was an attraction to those enjoying their Saturday night.

"It's such a good atmosphere," co-president Emma Kosciak said. "Why not come?"

Students bundled up to watch their friends slide boxes and ride the wall ride feature that was new to this year's event. Skiers and snowboarders were separated into two groups that rode for an hour each. At the end of the hour, the top five from each category were chosen to compete against each other in the final round.

The riders tried their hardest to please the crowd.

"There has been a lot of cheering," Kosciak said. "And a



Sophomore Chris Giuliano rides the wall in front of a large crowd in the 300s field. Riders had the opportunity to session three separate features after dropping off of scaffolding.



Senior snowboard club co-president, Tim Long stalls at the top of the a-frame wall ride feature at the rail jam.

few big crashes that (the crowd) cheers for or cringe at."

Saturday's rail jam was the biggest the snowboard club has hosted in several years. Sponsors Rome Snowboards, Maven snowboard shop, Siver Cartel and Red Bull made last minute contributions that made the night happen.

As the night wound on, the

loud music continued even after the jam was over. The boxes and wall ride opened back up to the public and students continued to enjoy themselves on the snow of the 300s field.

"We should do this every weekend," skier Pat Gill said.



Photos by Emily Heffernan

Eddie Wisdom goes inverted to the delight of the crowd at the rail jam on Saturday, Nov. 12.

Top three skiers

1. Chris Giuliano
2. Mike Flynn
3. Keith Mayotte

Top three snowboarders

1. Nicholas Briggs
2. Eddie Wisdom
3. Sean McCafferty

SPORTS

Men's hockey falls in season opener

By Haven Quinn
Sports Editor

The Ice Knights dropped their season opener to Stonehill College, 5-4, on Saturday, Nov. 12.

"It was a big disappointment," first-year Adam Healy said.

"We made a bunch of defensive mistakes," he said. "We didn't capitalize on a number of scoring chances."

Sophomores Tim Dancey and Andrick Deppmeyer scored in the first, but Stonehill tied it at 2 before the period was over.

First-year Ryan Mero scored his first collegiate goal in the second period to tie the game at 3. After Stonehill took the lead, Dancey scored his second goal of the game to make it 4-4.

Early into the third period, Stonehill scored a short-handed goal, which proved to be the game-winner.

"We were running around in our defensive zone," junior Derek Girouard said.

"We didn't play with a sense of urgency," he said. "We didn't stick to the game plan and we got beat to loose pucks."

Junior Jared Silver said the team needed to learn from its mistakes.

"It was only our first game," Silver said. "We know what we did wrong so now we have to correct them."

Twenty-four-year head coach, Lou DiMasi said the team played hard, but the game got away.

"I'm proud of the captains' leadership," he said. "They both did a tremendous job. We just have to limit our penalty minutes and follow through on checks."

The Ice Knights came back on Sunday, Nov. 13, beating Carleton University, 10-3 in an exhibition game.

"We went out and just outplayed them," junior Andy DiMasi said.

"We worked on fixing the things we didn't do well yesterday," he said.

"We came out flying on Sunday," coach DiMasi said. "We put the puck in the net. We have some things to work on this week, but we feel good about this upcoming weekend."

"This week we definitely need to work on special teams," Healy said. "Also, defensive coverage and responsibilities. I expect us to come out flying this weekend and hopefully come back with two wins."

The Ice Knights travel to Southern Maine on Friday and



Junior Jared Silver (No. 16) falls as he takes a shot against Stonehill. Silver had three assists in the 5-4 loss.

Salem State on Saturday.

Last year, with 12 minutes remaining, the Knights had a 7-4 lead against Southern Maine before falling apart and losing 8-7.

"We lost a tough one in our barn last year to Southern Maine," Silver said. "This time it's at their place, and we are looking for a little revenge."

St. Michael's next home game is Friday, Dec. 2, against Hamilton College.



Junior goaltender Derek Jackson stretches to try to stop a shot. Jackson stopped 14 shots.

Women shine in final tune-up before opener against Queens

By Michelle Bookless
Staff Writer

On Wednesday, Nov. 9, the women's basketball team scrimmaged Plattsburgh State. The Lady Knights won, 69-24, in their final tune-up before opening the season on Saturday, Nov. 19, against Queens College.

Head Coach Jennifer Niebling said although the game started slowly, the women played much stronger in the second half.

"We got a slow start," senior co-captain Holly Reeves said, "but picked up our intensity as the game went on."

The scrimmage showed the team its weaknesses and areas that need improvement, sophomore Ariana Fondry said. She said the team needs to focus on "boxing out, hustling up and down the court, and executing on offense."

The scrimmage allowed the team to realize what they need to keep working on, sophomore forward Katie Barthelmes said.

"We didn't really look at the score," she said. "But just took what we needed to work on, so that we can keep improving as a team."

Both players and coaches have an optimistic outlook for the season. Niebling said the team needs to remind themselves to play its type of game.

"If teams are going to pressure us, we can't try and go faster, because that's when we make poor decisions," she said. "We need to take a deep breath and make sure [we] don't have to get it all at once."

Fondry, Barthelmes, and Reeves all agree that the NE-10 conference is a tougher and more difficult league than the teams they've been scrimmaging against. However, the three are confident about the upcoming season. Although the first



Sophomore Allison Dunn drives to the hoop during a Wednesday, Nov. 9, scrimmage against Plattsburgh State.

few games will be against tough teams such as Stonehill, Bentley, and Merrimack, Reeves said the team just needs "to be focused from the start."

The Lady Knights open Nov. 19, during the Doubletree Tip-Off Classic against Queens, N.Y., at 6 p.m. in the Ross Sports Center.

Cross country ends, improves from last year

By Haven Quinn
Sports Editor

The men's and women's cross country teams finished the season on Nov. 6 at Regionals in Boston. Both teams placed higher than last year.

The men placed 7 of 20, one spot higher than last year's 8 of 19 finish. Its seventh-place finish equals its second best finish all-time at Regionals. The women finished 11 of 15, one spot higher than last year's 12 of 20 finish.

"After our disappointing ninth place at NE-10s we were looking for major redemption," men's coach Joe Connelly said.

"The team never got down on themselves and continued to show faith and patience in the training plan," he said. "We had a solid game plan coming to the starting line and we really raced in control."

The men were led by junior Thomas Lichtenberger, who finished 16th out of 128 runners. Lichtenberger's 16th-place finish is St. Michael's all-time second-best performance at Regionals, and his finishing time of 32:39 is St. Michael's second-fastest 10km ever at Regionals.

"We returned everyone from last year and we really ran

well," Lichtenberger said.

"One of our goals was to beat Bryant who was ahead of us at New England's and we did."

Senior Paul Wagner finished 36th, senior Lionel Welch finished 40th, first-year Brendan Johnson finished 65th, sophomore James Heelan finished 70th, first-year Matt Alexander finished 94th and first-year Will Manning finished 97th.

Seniors Wagner and Welch earned a spot at Regionals in each of their four years.

The women were led by senior co-captain Kim Fahner, who finished 32 of 119 runners, with a time of 25:03.

Sophomore Courtney Richard finished 54th, first-year Mary Lynn Denholm finished 57th, senior Jessica Sedore finished 72nd, first-year Meagan Barber finished 76th, sophomore Bridget Craig finished 84th and senior Liz Gray finished 88th.

"Everyone did really well this year," Sedore said.

"Fahner ran really well as well as our top four," she said.

Fahner, Richard, and Craig's times were all personal bests.

Lynch, Gray and Craig each earned NE-10 All-Academic team honors.

SPORTS



Photo By Jonah Kessel

One hundred and forty children raced around Ross Sports Center last Friday night.

Kids Knight Out is fun for all

By Haven Quinn
Sports editor

Ross Sports Center was filled with 140 screaming children from kindergarten to fifth grade who were participating in Kids Knight Out, a fund-raiser put on by the women's basketball team, on Friday, Nov. 11.

Kids Knight Out is run once a month from September to April. The program, which has been running for 15 years, offers children a variety of activities, from basketball and swimming to arts and crafts or movies.

"The entire team is around to hang out with the kids and play games," senior co-captain Holly Reeves said. "It's a great opportunity for kids in the area to do something fun and different, and it give parents a night to themselves."

The event costs \$10 and generally hosts 150 to 200 children. Kids choose from all the activities that are offered throughout the night.

Mark and Jaci Winchester have been bringing their two girls to Kids Knight Out for two years.

"They both love it," Jaci Winchester said. "They have the freedom to choose from all sorts of activities."

Kids Knight Out is a necessary fund-raiser for the team, head coach Jennifer Niebling said.

"It helps pay our assistant coaches' salary," she said. "It helps with traveling and other things we need for the program."

It is a good program that helps everyone,

"It's always a good feeling
giving back
to the community."

Andrea Slaven,
first-year

sophomore Allison Dunn said.

"We raise money for our program and we give the kids in the community something to look forward to each month," she said. "We provide the opportunity for them to come and have fun, while giving parents some down time."

All the players conduct the activities. Players are stationed in different areas and at different activities.

It's a fun experience being around the children, first-year Andrea Slaven said.

"It is really cool to be a part of something that has been running for so long," she said. "It's always a good feeling giving something back to the community."

The next Kids Knight Out will be Dec. 9.

SCOREBOARD

Swimming

11/12-
vs. Colby-Sawyer
Men won 126-92
Women lost 127-114
Next meet-
11/16 @ Norwich

Men's Basketball

11/13-
SMC 62 BC 102
Next game-
Nov. 19 vs. NJIT

Women's Basketball

11/9- SMC 69

Plattsburgh 24
Next game-
Nov. 19 vs. Queens

Men's Hockey

11/12-
SMC 4 Stonehill 5
SMC 10 Carleton 3
Next game-

11/18 @USM

Women's hockey

11/11-
SMC 5 Castleton 3
11/12- SMC 5
Castleton 2
Next game-
11/18 @ St. Anselm

Junior | Hockey | Business | Eliot, Maine

Athlete of the Week

Melissa Gagne



High school: Berwich Academy.

Started playing: 12 years old.

Why SMC: I wanted to stay in New England and play hockey.

Favorite memory: Last year on a road trip over winter break we had a dance competition to "Baby Got Back."

Favorite food: Bacon.

Plans for after graduation: To work for a hockey company like Bauer.

Why Chosen: Scored two goals on Nov. 11 in a 5-2 win over Castleton State. Gagne scored twice and notched an assist Nov. 12 in a 5-3 win over Castleton State.

KNIGHT WRITER

By Haven Quinn



For love of the game

On Nov. 16, 2001, senior Chandler Smalling signed a scholarship delivering her to St. Michael's basketball.

Smalling has a list of high school achievements that would put anyone down, from all-tournament teams to ranking fourth out of 360 students academically in her class.

But the only thing on Smalling's bio at St. Michael's is she is the tallest native Vermonter to play for the Knights since 1999 (6-foot-1) and is the first player to wear No. 00.

For the past three years, Smalling could be found at every practice and every game on the sideline. But she isn't just watching the team play, she is screaming her lungs out cheering them on.

"When you sit near her you think you're going to lose your hearing because she is so loud," senior co-captain Holly Reeves said.

Smalling, now a senior co-captain, will miss the season due to injury. But this is nothing new to her.

Smalling's troubles began two weeks into pre-season her first-year, when she hurt her left foot running in practice.

"I was doing sprints and I felt something," Smalling said. "I kept going and when I took my shoe off my joint had a huge lump. I could barely get my foot into my shoe."

Smalling pinched the ligaments in her ankle, putting her in a cast November through New Years Eve.

Getting the cast off that caused you to miss your first-year, now that's a way to ring in a new year.

But Lady Luck wasn't on Smalling's side for this new year.

Her foot was so weak, a week later she sprained it.

"I got prolotherapy, which are injections into your body," Smalling said. "It was supposed to fake my body, telling it it was injured so it would help it recover."

Injections? I don't like a sharp pencil; I don't know how she dealt with injections.

By June 2003, Smalling played again, but was so eager to return, she worked too hard and suffered a stress fracture in her right foot and spent the summer in a boot.

Sophomore year rolled in and Smalling gave her boot the boot, hoping to finally show everyone what she could do.

With her foot throbbing, Smalling played in eight games, totaling 14 points, 11 rebounds, one assist, one block and one steal, before hurting her right foot again in practice.

"It was so frustrating," Smalling said. "It was a real reality check having to deal with all the stress."

Smalling turned to acupuncture, where \$75 sessions three days a week took their toll.

On top of being taped every day and taking ice baths where she at times bit into a towel to withstand the cold, Smalling had special braces ordered.

Smalling suffered a light sprain

that sidelined her for a week until Lady Bad Luck struck again. Her first practice back after Christmas break, she went down with an avulsion fracture in her left foot.

"Everything was so stretched out you could literally pull my ankle apart," she said. "I had to have scar tissue and cartilage taken out."

Twenty-years old and you have cartilage taken out. Hello, arthritis.

Smalling spent spring break getting reconstructive surgery. During her six-week recovery phase, she got mono for the second time.

You think that's bad? Lady Bad Luck decided to strike again.

At 80 percent in the summer, she twisted her right leg while on a dock, hurting her peroneal tendon.

Then a junior, Smalling got her second surgery on the same foot in six months over Columbus Day break.

"I got pins inserted to anchor my tendon," Smalling said.

Usually a three-week recovery, it took six.

"The nurses all knew me by name," Smalling said. "They wanted to name a room after me."

Smalling continued to watch her team, as it went 8-18.

Her leg problems began to cause pain in her back and hips. Still hearing popping in her ankles, Smalling couldn't exercise or sleep without pain, so in August she got an MRI. The verdict was, career over.

"It was emotionally and physically draining," Smalling said. "I was the only forward recruited when I came, I was signed and delivered. It's really hard not being able to play."

Smalling never let her frustration show, Coach Jennifer Niebling said.

"She comes everyday with a positive, energetic attitude," she said.

Reeves said Smalling wheels the stationary bike into practice and bikes, while cheering at the top of her lungs the entire practice.

That's someone who takes the concept of a team player to the max.

Smalling learned the hard way, there is more to life than sports.

"You know that quote about picking a school for a school and not a sport, because if you get injured you have to go to school? That's me," Smalling said. "I picked the right school. It's hard at times. I really want to prove to people I belong here and that I deserve my scholarship. I want to prove there is a reason for me being here."

Lady Luck has given the Lady Knights their own enthusiast. A die-hard teammate at heart, Smalling's passion for the game burns through her onto her teammates. You can find her on the bench every game, completely focused and completely ready to destroy your hearing.

Maybe another stat she can add to her player bio is the number of ear drums she has pierced.

SPORTS



Photos By Emily Heffernan

Junior Michael DeGrandpre dives in competition on Saturday, Nov. 12, against Colby-Sawyer College. DeGrandpre placed first overall in the diving competition.

Swim teams split second meet

By Andrea Gosselin
Staff Writer

The men's and women's swimming team took its marks Saturday, facing off against Colby-Sawyer College in its second meet of the season.

On the women's side, first-year Stephanie Hammer and junior Laura Mann posted competitive times, but were unable to lead the team to its first victory of the season. Mann won the 100 yard IM and the 200 yard breaststroke. Hammer won the 1,000 yard freestyle and went on to lead a St. Michael's sweep of the 500 yard freestyle.

"It's exciting but it's still early in the season," Hammer said. "I'm just glad I can help contribute to the team."

Despite two early losses, the women's team was not discouraged about its performance.

"It's just the beginning of the season," Hammer said. "We get to see how the other teams are doing and it gives us an idea of where we need to be eventually."

Along with its eight remaining meets, the team is focusing on the NE-10 Championships in December and the New England Regional's in February.

"Everyone has a lot of time to improve before New England's," sophomore Kerry Slade said. "I'm sure we'll do just as well as we did last year if not better."

Last year the women's team placed third out of 22 teams.

Chris Cochran and Mike Kaas's individual victories in the 500 yard freestyle and the 100 yard IM helped the men's team to a 126-92 victory. The men's team also won the 200 yard breaststroke and the 200 yard IM.

"They definitely won some big races," sophomore diver Ed Fennessey said. "Chris Cochran just dominated the 500 and Joey Maher came back from behind to take second place which was huge and got momentum back in our direction and we just started winning races after that."

The men's team also benefited from strong diving by Fennessey and junior Michael DeGrandpre.

"Our coach told us after the first round of diving, DeGrandpre and I had put us three points ahead of the other team which made us feel quite good," Fennessey said.

Both teams look to better their times when they take on intrastate rival Norwich University on Wednesday Nov. 16.

Women's hockey dominates Castleton State

Lady Ice Knights put up 10 goals in back-to-back wins last weekend

By Haven Quinn
Sports Editor

Seven Lady Ice Knights scored as St. Michael's knocked off Castleton State 5-3 Friday, Nov. 11, and 5-2 Saturday, Nov. 12.

"We did really well this weekend," first-year Molly Dever said.

"We came out with a lot of determination and just tried to play our game the best we could," she said. "Our top lines played well, resulting in a lot of shots and goals."

Seven skaters recorded points Friday.

Sophomore Gabrielle Bourgeois led the way with two goals, junior captain Melissa Gagne added two goals, and sophomore Tracy MacGregor had a goal and an assist.

First-year defenseman Julie Smith played really well, Gagne said.

"She is really tough and not afraid to step up to the puck," she said. "She is small but will step up to the bigger women and will skate the puck up to generate offense."



Photos By Jonah Kessel

First-year defenseman Kelly Adams pushes a Castleton State player off the puck in Saturday's game.

The Lady Ice Knights played well in the first period and well enough to win in the second and third periods, six-year head coach Chris Donovan said.

"I felt the team definitely progressed from Friday to Saturday," he said.

The Knights had 10 penalties and Castleton had nine in Friday's game.

"When we got in trouble our penalty kill came though almost every time," she said.

"We played well but got frustrated because they started to play dirty," Gagne said.

"We don't deal well with dirty play," she said. "We started playing down to their level, but on Saturday we expected it more and played our game and didn't let

them affect how we played, and it paid off."

On Saturday, Gagne scored her third goal of the season, and first of two in the game, 3:29 into the first period. In the second, sophomore Brittany O'Brien, Gagne and first-year Anne Altieri scored to put the Knights up 4-0.

"We really stepped it up scoring three times in the second," O'Brien said.

"We kept that momentum going into the third," she said. "They were getting frustrated, so we just let them take it out and get penalties."

Castleton State had eight penalties, six of them coming in the second period.

"The team played the best I have seen them play so far," Donovan said. "They were in control and played with the confidence needed to sustain momentum, and control the game."

Eight women notched a point. Gagne had two goals and an assist. First-year Jess Tourville scored her third goal of the year and added two assists.

Senior goalie Annice Mason stopped 30 shots Saturday and played well. Saturday, O'Brien

said.

The Lady Ice Knights have a tough upcoming weekend. The team travels to St. Anselm on Friday, and to New England College on Saturday.

Jess Tourville celebrates.

"I feel they can get themselves ready there is no telling what the outcome will be," Donovan said. "The team unity is the best I've seen since I've been here."

"Everyone is pumped and confident," first-year Julie Smith said.

"If we stay this way we will be hard to beat," she said.

"Everyone in our league has gotten better," Gagne said.

"This is our year to show them we aren't a team that should be taken lightly," she said.

